

# Beautiful You Permanent Cosmetics and Collagen Induction Therapy

## Pre-Treatment Instructions

1. Color boosts are necessary within the first year by approximately 30-40% of individuals.
2. A 24-hour notification of cancellation is required.
3. A pain reliever is suggested to minimize discomfort. Tylenol or a non-aspirin product such as ibuprofen will usually do the trick. If you have a low pain tolerance, then you might consider something stronger from your physician, especially on lip procedures as this area can be sensitive.
4. To help eliminate discomfort, do not:
  - Drink caffeine prior to appointment
  - Drink alcohol prior to appointment
  - Get a massage prior to appointment
  - Exercise prior to appointment
6. Please leave children at home.
7. If you are currently on medication or under a physician's care for any reason (including pregnancy), please let us know prior to your appointment.
8. Do not take any aspirin or aspirin products at least 24 hours prior to your appointment.
9. An aftercare product will be provided with initial application.
11. **Be prepared for the color intensity of your permanent makeup or collagen induction therapy to be significantly sharper, brighter or darker than what is expected for the final outcome. It will take time for this transition based on how quickly the outer layer of your skin exfoliates. Usually sloughs off within 2-5 days. Subtle changes occur over 30 days.**
12. Wear your makeup the way you like it when you arrive for your appointment. If you struggle getting your makeup on correctly, don't worry about applying it. We'll talk our way through it when you arrive.
13. Any waxing or tweezing should be done at least 48 hours prior to any procedure. Electrolysis should be done no fewer than five days before your procedure. Do not resume any method of hair removal for at least two weeks after your permanent cosmetic procedure or collagen induction.
14. Botox, Retylane or laser procedures should occur 2-3 weeks prior to your permanent cosmetic procedure OR 2-3 weeks after your permanent cosmetic procedure.
15. Any eyelash or eyebrow tinting or eyelash curling should be done at least 48 hours before or two weeks after your permanent cosmetic procedure.
16. Please bring sunglasses to wear home on the day of your eyeliner procedure, as your eyes may be sensitive to the sun.
17. You will be fine to drive home on your own.
18. Wear a dark shirt or something you won't mind getting pigment on.

### EYELINER

- **If you use a lash enhancement serum, you will need to stop using it for 3-4 weeks before you have permanent makeup applied. The lash enhancer thins the tissue around the eye resulting in excessive bleeding during the procedure.**
- Wear your makeup the way you prefer it when you come in for your appointment.
- Bring your eyeliner pencil with you for matching to the shade you prefer.
- An antihistamine or decongestant is okay to take 30-minutes before your procedure if you suffer from watery eyes. Watery eyes won't interfere with your procedure.
- Remove contacts and false eyelashes if worn. (Bring eyeglasses)

### EYEBROWS

- Come in on the day of treatment with eyebrows penciled the way you want them. If you're unable to do this, don't worry about it. We'll work on this together.
- Bring in eyebrow pencil of the color you prefer.
- Please, do not shave your eyebrows.

### LIPS

- **If you have ever in your life had a cold sore, you must request a Zovirax or Valtrex (or like med) prescription from your doctor to be taken prior to appointment, to prevent a cold sore breakout.**
- Bring in your lipstick or liner color for proper matching.
- Lips can be very sensitive. Feel free to take a pain reliever before your appointment. (Tylenol or doctor prescribed.)

**Permanent makeup cannot be done while pregnant due to fluctuating pregnancy hormones making it difficult for pigment to adhere.**