

Beautiful You Permanent Cosmetics

Post-Treatment Instructions

- 1. Be prepared for your makeup will be significantly darker, sharper or brighter when you leave the studio then it will be by day 3 or 4 after the procedure. This is due to swelling, excess pigment and the tiny pinpricks of blood that appear and turn dark when dried. It will calm down by as much as 50% once the sloughing process has occurred, which is in 2 - 5 days. Skin on the face replaces itself every 30 days so there will be subtle changes during that time.**
2. For microneedling or skin imperfection removal procedures, wash face as usual. Apply aftercare ointment several times daily as needed to application site. May use moisturizer and makeup as you regularly do the day after your treatment and onward.
3. A light face powder can be used to soften the intensity of eyebrows that first day or two after your procedure.
4. Please apply a thin layer of the **aftercare product** with a clean finger or clean cotton swab every 4-5 hours during the day and before bedtime days 1 – 3. Also apply to site before going to the gym, getting in the shower or the hot tub to create a barrier against moisture. Discontinue use on the 4th day after your procedure.
5. Do not pull at any pieces of pigment or scabbing that you see peeling off or lying in your lash line, as in the case of eyeliner application.
6. Please use a **pillow case** that you don't mind getting smudged up. Pretreat before you launder.
7. Please **keep direct water off** of your face until after the sloughing process has occurred. This will ensure maximum absorption of the pigment into your skin. Using a lightly damp cloth, you may gently wipe your makeup application each day to clean.
8. A **pain reliever** is suggested to minimize discomfort. Ibuprofen or Aleve are best as they reduce pain and swelling. Tylenol will help with pain. You can always request a prescription from your doctor if you have a low pain tolerance.
9. **Frozen peas**, wet then frozen tea bags or ice can be very soothing and assist with swelling on liner, brows and lip applications. Do this for 10-minutes every couple of hours on the first day after your procedure, at bedtime and when you wake up in the morning. Apply the *aftercare ointment* and then place a dry paper towel or napkin between the ice, peas or teabags and your face.
10. Waxing, tweezing, lash tinting or perming should not be done for at least a week after the sloughing process has occurred. Botox or Retylane procedures may resume ten days to two weeks after your permanent cosmetic procedure.
11. At post procedure day 5, you may use a warm cloth to gently wash your brows, lips or liner. You may get wet as usual at this point, but no scrubbing.
12. Please use a **new mascara** after your eyeliner procedure to avoid infection.
13. Please wear sunglasses the first day or two after an eyeliner procedure as your eyes may be sensitive to light.
13. In order to preserve the color better in your permanent cosmetics, please avoid the sun as much as you can with sunscreen, sunglasses and hats.
14. Should you notice any **signs of infection** such as unusual swelling, redness or pus, please put a little triple antibiotic on the offended area. If this does not improve within 12 hours, please consult your physician.
15. Please call or text me with any questions or concerns that you might have at **417-350-8730** or you can email me at Sheila@BeautifulYouPermanentCosmetics.com.
- 16. At 10 days to 2 weeks out from your procedure, scrutinize your makeup closely and make note of anything that might need to be adjusted such as color, thickness, length, etc. Color boosts in the first year are necessary by approximately 30% - 40% of individuals. We go over everything on a color boost after the adjustments you request, which really locks in the color.**
- 17. Color boosts within the first year are \$50 for brows/liner. A year after the first application, the color boost is \$100. Lip procedures are original price for the first two applications.** Please book any color boost appointments on my website at BeautifulYouPermanentCosmetics.com