

Beautiful You Permanent Cosmetics Post-Treatment Instructions

1. **Be prepared for your makeup will be significantly darker, sharper or brighter when you leave the studio then it will be by day three or four after the procedure. This is due to excess pigment and the tiny pinpricks of blood that appear and turn dark when dried. It will lighten by as much as 50% once the sloughing process has occurred, which is in 2 - 5 days. Skin on the face replaces itself every 30 days so there will be subtle changes during that time.**
2. For collagen induction or brown spot removal procedures, wash face as usual. Apply aftercare ointment several times daily as needed to application site. May use makeup as you regularly do the day after your treatment and onward.
3. A light face powder can be used to soften the intensity of eyebrows that first day or two after your procedure.
4. Please apply the **aftercare product** provided to you at the time of your procedure at least every three hours during the day and before bedtime the day of your procedure. The next couple of days, you can apply the *aftercare product* as you deem necessary for comfort and moisturizing.
5. Do not pull at any pieces of pigment or scabbing that you see peeling off or lying in your lash line, as in the case of eyeliner application. Just put some more aftercare product on top of the peeling piece, affixing it to your face. This will slough off on its own.
6. Please use a **pillow case** that you don't mind getting smudged up. This will clean up with proper pre-treating in the laundry though, should you happen to get some pigment on something special.
7. Please **keep direct water off** of your face until after the sloughing process has occurred. This will ensure maximum absorption of the pigment into your skin. Using a lightly damp cloth, you may gently wipe your makeup application each day to clean.
8. Apply the *aftercare solution* to your application site before going to the gym, getting in the shower or the hot tub to create a barrier against moisture.
9. A **pain reliever** is suggested to minimize discomfort. Tylenol or a non-aspirin product such as ibuprofen will usually do the trick. If you have a low pain tolerance, then you might consider something stronger from your physician, especially on lip procedures as this area can be sensitive for 1-2 days after your procedure.
10. **Frozen peas**, wet then frozen tea bags or ice can be very soothing and assist with swelling on liner, brows and lip applications. Do this for 10-minutes every couple of hours on the first day after your procedure, at bedtime and when you wake up in the morning. Apply the *aftercare ointment* and then place a dry paper towel or napkin between the ice, peas or teabags and your face.
11. Waxing, tweezing, lash tinting or perming should not be done for at least a week after the sloughing process has occurred. Botox or Retylane procedures should occur 2-3 weeks after your permanent cosmetic procedure.
12. At post procedure day 5, you may use a warm cloth to gently wash your brows, lips or liner.
13. Please use a **new mascara** after your procedure.
14. Please wear sunglasses the first day or two after an eyeliner procedure as your eyes may be sensitive to light.
13. In order to preserve the color better in your permanent cosmetics, please avoid the sun as much as you can with sunscreen, sunglasses and hats.
14. Should you notice any **signs of infection** such as unusual swelling, redness or pus, please put a little triple antibiotic on the offended area. If this does not improve quickly, please consult your physician.
15. Please call me with any questions or concerns that you might have at **417-350-8730** or you can email me at Sheila@BeautifulYouPermanentCosmetics.com Color boosts in the first year are necessary by approximately 30% of individuals.
16. Please book any color boost appointments on my website at www.BeautifulYouPermanentCosmetics.com
17. **Color boosts within the first year are \$50 for brows/liner. A year after the first application, the color boost is \$100.**